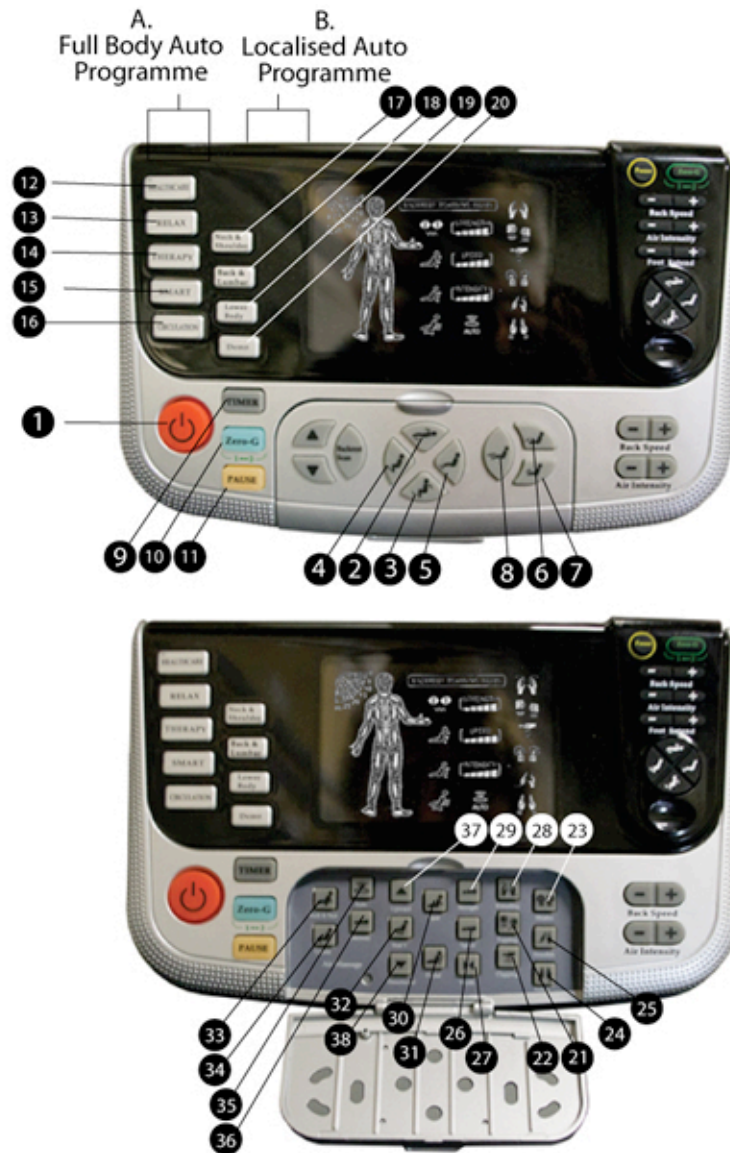


## 16027 Remote Control & Massage Functions



### CONTROL BUTTONS FOR THE MASSAGE CHAIR

1. **On/Off** – Press this button once and the backlight on the LCD screen will turn on. Press any button after this to begin the chair’s massage functions. Press the On/Off button again to stop the chair’s operation. The chair will reset automatically and enter into standby mode.

**NOTE:** Once the chair has been turned off, it cannot be turned back on until the massage rollers have fully reset. This takes approximately 5 seconds.

2. **Recline Backrest** – This is the angle adjustment control button for the massage chair. The leg rest and the backrest will adjust simultaneously.

- Press the button once to begin reclining the backrest. When you reach a comfortable position, press the button again to stop the adjustment process.
3. **Raise Backrest** – Runs in the opposite direction of above.
  4. **Raise Footrest** – This is the angle adjustment control button for the footrest only. Press the button once to begin raising the footrest. When you reach a comfortable position, press the button again to stop the adjustment process.
  5. **Lower Footrest** – Runs in the opposite direction of above.

**NOTE:** By combining buttons 3,4,5, and 6 you can achieve a wide variety of backrest and footrest position combinations.

**NOTE:** Footrest and backrest adjustments can be made during the running of any program or function.

6. **Extend Footrest** – Press this button to begin lengthening the footrest. Press the button again once you have reached the desired footrest length.
7. **Retract Footrest** – Press this button to begin shortening the footrest. Press the button again once you have reached the desired footrest length.
8. **Footrest Length Auto Adjust** – Press this button to have the chair automatically adjust the footrest length based on an automatic detection of your leg length. This will provide the optimum massage for your feet and legs.
9. **Timer** – After a massage function is started, the chair automatically sets a 15-minute timer. To change this, press the Timer button. This will change the massage timer length as follows: 20 min -> 25 min -> 30 min -> 5 min -> 10 min -> returns to 15 minutes.

**NOTE:** When there is only 1 minute left on the timer, the backlight of the remote control will light up and audible beeps will sound. When the timer has finished, the backlight on the remote control will turn off and audible beeps will again sound.

10. **Pause** – Press this button to pause all massage functions. The “Pause” icon will blink on the LCD screen and the timer will also be paused. While the chair is paused, only the backrest and footrest angle adjustment buttons can be used. Press the Pause button again to resume the original massage function.
11. **Zero-G** – Press this button to activate the 1<sup>st</sup> Zero Gravity position of the chair. Press again to achieve the 2<sup>nd</sup> Zero Gravity position of the chair. Press again to return the chair to its default upright position.

### FULL BODY AUTO PROGRAMS

The five Auto Programs offer the quickest access to a thorough massage experience.

12. **Healthcare** – Press once to start. Press again to stop.
13. **Relax** – Press once to start. Press again to stop.

14. **Therapy** – Press once to start. Press again to stop.
15. **Smart** – Press once to start. Press again to stop.
16. **Circulation** – Press once to start. Press again to stop.

**NOTE:** If an Auto Program is selected before the chair has run an Auto Scan of the entire body, the chair will run an Auto Scan before running the Auto Program. This takes approximately 15 seconds.

**NOTE:** While running an Auto Program the strength, speed, and intensity can be adjusted. The adjustment can be done only while the massage functions that use those settings are running. Once an adjustment is made the adjustment will be used by all other functions that utilize the same setting. Width settings cannot be adjusted, however.

#### LOCALIZED AUTO PROGRAMS

17. **Neck/Shoulder** – Press once to start. Press again to stop.
18. **Back/Lumbar** – Press once to start. Press again to stop.
19. **Lower Body** – Press once to start. Press again to stop.

**NOTE:** The Lower Body program can be combined with either the Neck/Shoulder program or the Back/Lumbar program.

20. **Demo** – Press this button to run a brief demonstration of the chair's features. Press this button again to stop the demonstration.

#### MANUAL BACK MASSAGE PROGRAMMING

21. **Tapping** – Press this button once to start the Tapping function in Mode 1 for a full back massage. Press again to start the Tapping function in Mode 2. Press the button a 3<sup>rd</sup> time to stop the Tapping function. Use Button 26 to control the speed of the Tapping function. Use Button 27 to control the width of the Tapping function.
22. **Clapping** – Press this button once to start the Clapping function in Mode 1 for a full back massage. Press again to start the Clapping function in Mode 2. Press the button a 3<sup>rd</sup> time to stop the Clapping function. Use Button 26 to control the speed of the Clapping function. Use Button 27 to control the width of the Clapping function.
23. **Shiatsu** – Press this button once to start the Shiatsu function in Mode 1 for a full back massage. Press again to start the Shiatsu function in Mode 2. Press the button a 3<sup>rd</sup> time to stop the Shiatsu function. Use Button 26 to control the speed of the Shiatsu function. Use Button 27 to control the width of the Shiatsu function.
24. **Rolling** - Press this button once to start the Rolling function, which offers vigorous rolling action on the body's reflex points. Press the button again to

stop the Rolling function. Use Button 27 to control the width of the Rolling function.

25. **Swedish** - Press this button once to start the Swedish function in Mode 1 for a full back massage. Press again to start the Swedish function in Mode 2. Press the button a 3<sup>rd</sup> time to stop the Swedish function. Use Button 26 to control the speed of the Swedish function.

**NOTE:** Tapping, Clapping, Shiatsu, Rolling, and Swedish functions cannot be combined with each other.

### MASSAGE ADJUSTMENTS

26. **Speed** – Press this button to change the speed of the Tapping, Clapping, Shiatsu, and Swedish massages. The speed adjusts in a cycle, so press the Speed button repeatedly until you reach the desired speed.
27. **Width**– Press this button to change the width of the Tapping, Clapping, Shiatsu, and Rolling massages. The width adjusts in a cycle, so press the Width button repeatedly until you reach the desired width.
28. **Kneading** – Press this button once to start the Kneading function in Mode 1 for a full back massage. Press again to start the Kneading function in Mode 2. Press the button a 3<sup>rd</sup> time to stop the Kneading function. Use Button 30 to control the strength of the Kneading function.
29. **Strength** – Press this button to adjust the strength of the Kneading function. The strength adjusts in a cycle, so press the Strength button repeatedly until you reach the desired strength.

**NOTE:** The Kneading Function can be combined with the following massage functions: Tapping, Clapping, and Shiatsu.

30. **Spot** – This Spot back massage button allows you to pause the current massage at the position it is currently in. Press the button once to start the Spot massage. Press the button again to resume the current massage in full back mode. Use Buttons 37 & 38 to manually adjust the position of the Spot massage.

**NOTE:** The Spot mode cannot be activated with the Rolling function.

31. **Partial** –A Partial massage operates a massage function within a 3 1/8” tall window. Press the button once to activate the Partial massage mode. It uses the position of the current massage as the center of the Partial massage window. Press the button again to resume the current massage in full back mode. Use Buttons 37 & 38 to manually adjust the position of the Partial massage.

### AIR SQUEEZE FUNCTIONS

32. **Vibrate** – Press this button to start the seat vibrating massage function. Press this button again to stop the seat vibrating function.
33. **Back & Seat Air** – Press this button once to start the air squeeze massage function in the seat. Press again to stop the function. Use Button 36 to adjust the intensity of the air squeeze massage.
34. **Calves** - Press this button once to start the air squeeze massage function in the calves. Press the button again to stop. Use Button 36 to adjust the intensity of the air squeeze massage.
35. **Auto** – Press this button once to start a pre-programmed air-pressure massage program. Press the button again to stop the program. Use Button 36 to adjust the intensity of the air squeeze massage.

**NOTE:** Air squeeze and vibration functions can be combined with the Tapping, Clapping, Shiatsu, Rolling, Swedish, and Kneading functions to enjoy multi-function massage.

36. **Intensity** – Controls the intensity of the air squeeze massages. The intensity adjusts in a cycle, so press the Intensity button repeatedly until you reach the desired intensity.
37. **Upward** – Adjust a Spot massage or Partial massage up. Press and hold the button until the massage moves to the desired position and then release the button.
38. **Downward** – Adjust a Spot massage or Partial massage down. Press and hold the button until the massage moves to the desired position and then release the button.

#### COMPLETING THE MASSAGE

Press the On/Off button to stop the currently running massage. The massage rollers will resume their starting positions. To completely power down the massage chair, switch the power button under the chair to the “0” position and then disconnect the power cord from the electrical outlet.